



EMERITUS INSTITUTE

See FAQs
on
Page 16

*Tuition-free
courses
for older adults*

Fall 2019 Schedule of Classes

Instruction Begins August 19
Ongoing Admission and Registration

949.582.4835 • www.saddleback.edu/emeritus

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Student Application	IBC*

*Inside back cover

ON THE COVER:

Merced River, Yosemite Valley
photograph by Braulio Montesino

When I saw these fall colors, I couldn't resist — I had to make this photo. Unfortunately, there were several children throwing rocks in the river creating many ripples. I wanted still water so I waited . . . I think the results were worth the wait.

Welcome to the Fall 2019 Semester of the Saddleback College Emeritus Institute

Whether this is your first semester, or you are a returning student, we are excited for you to join the over 6,100 lifelong learners in the Saddleback College Emeritus Institute. The Fall 2019 semester begins **Monday, August 19, 2019** and ends Wednesday, December 18, 2019. Though instruction begins in August, students can apply for admission into the Saddleback College Emeritus Institute at any time, and typically can register for open classes even after they have started. **Complete the application at the back of this schedule of classes and either email it to scadmissions@saddleback.edu or mail it to the address on the application.**



Thanks to the Saddleback College Admissions and Records office, we are pleased to provide **in-person registration services** at Laguna Woods Village Clubhouse 7, the Norman P. Murray Senior and Community Center, and the Dana Point Community Center. Please see page 2 for a list of the days and times for in-person registration.

Retiring Emeritus Institute Associate Faculty

It has been a pleasure to work alongside the following faculty members who dedicated significant portions of their careers for the betterment of south Orange County. Decades of older adults throughout our community benefited from the expertise, professionalism, care, patience, and creativity which exuded from the Emeritus Institute faculty members below. It is with enthusiasm that I wish them well in their future endeavors and echo the many voices surrounding them saying, job well done!

Theresa Fernald (Art); Melinda Smith (Fashion); Miriam Tait (Health); Vince McCullough (Health); Louise Jacobs (Music).

Please Welcome New Associate Faculty

As we say wish our retiring colleagues and instructors the best in their retirement, we welcome new Associate Faculty members to the Emeritus Institute. Please join me in welcoming the following new Associate Faculty members: Sandra Johnson (Fashion); Marla South (Fashion); Renee Ortiz (Art); Carla Gardner (Health); Susan Augsburg (Health), Aura Popa (History).

The Importance of Attendance (There's a lot in it for you!)

Student attendance in Emeritus Institute courses is the one and only means by which the Emeritus Institute is operationally funded. We have an overall attendance rate of about 65% which means we receive about 65% of possible funding. With your help, we can increase this percentage! In recently received surveys by Emeritus Institute students, the top two incentives for more attendance were free tickets to Saddleback College Fine Art shows and Athletic events, followed up closely by free Saddleback branded gear. In the Fall 2019 semester, we will be giving away these items to students who attended at least 80% of a SUMMER class in which they were enrolled. In the Spring 2020 semester, we will do the same for those who attended 80% of at least one of their courses for the FALL 2019 semester. In the end, we all benefit: as students you receive more high quality education, receive free Saddleback College event tickets and gear, and you also support the Emeritus Institute financially through high attendance.

In Conclusion:

The Emeritus Institute binds our community together, and for that reason, it is my sincerest joy to be leading this program. We are grateful for the opportunity to have a direct impact on so many lives, and we look forward to partnering with each of you as we create a culture of lifelong learning in south Orange County. If you would like to share any feedback regarding your experience in the Saddleback College Emeritus Institute, we welcome you to email us at: scemeritus@saddleback.edu.

Sincerely,

Dan Predoehl, M. Ed
Assistant Dean, Division of Community Education, Emeritus Institute, and K-12 Partnerships
Director, Emeritus Institute

EMERITUS INSTITUTE – FALL 2019 SEMESTER

The Emeritus Institute web site: www.saddleback.edu/emeritus

The mission of the Saddleback College Emeritus Institute is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving classes for older adult students throughout south Orange County.

CONTACT INFORMATION

On-campus office: Health Science Building, Room 244 (949) 582-4835
Off-campus office: Laguna Woods Village, Clubhouse 4, Laguna Woods (949) 770-9669

Email: scemeritus@saddleback.edu | 28000 Marguerite Pkwy, Mission Viejo, CA 92692

FALL 2019 SEMESTER CLASSES

All classes begin the week of August 19 and end between December 12–18, 2019 unless noted otherwise.

ENROLLMENT INFORMATION

STEP 1 Complete Saddleback College Emeritus Institute Application.

The one-page Emeritus Institute Application is available from:

- The Emeritus web page: www.saddleback.edu/emeritus.
- The inside back cover of any Emeritus Institute *Schedule of Classes*.
- The Saddleback College Emeritus Offices (HS 244 & Laguna Woods Village CH4).
- All Emeritus Institute hosting facilities.
- **NEW** (or Former) EMERITUS STUDENTS: Once the Admissions and Records Office has processed your application, you will be sent an email which contains your registration information.

MAIL APPLICATIONS TO:
Saddleback College
Admissions and Records
28000 Marguerite Pkwy
Mission Viejo, CA 92692

STEP 2 View your registration appointment online. Login to MySite at www.saddleback.edu.

- Enter your **Student ID** number and **PIN** number. Your **PIN** number is typically either your birth month & day (ex: 0517 for a May 17 birthday).

STEP 3 Use registration instructions on Page 3 to register online for classes on or after your assigned registration appointment date and time. Online registration is available June 18 – June 24, 2019.

- **CONTINUING EMERITUS STUDENTS:** Login to **MySite** on or after April 22, 2019 at www.saddleback.edu, click on *My Information*, and then click on *Appointments* to view the start date of your registration period. Make sure the correct semester is indicated.

FALL 2019 REGISTRATION DATES

Students may only register after their assigned appointment date and time found in MySite accounts.

FALL 2019	April 22	Registration appointments posted in student MySite account
	June 18 – 24.....	Registration opens for CONTINUING students according to appointment
	June 25	Registration opens for NEW students or those who missed a semester

EMERITUS INSTITUTE FALL 2019 ACADEMIC CALENDAR

April 22	Fall 2019 Registration Appointments Posted
June 18-24.....	Fall 2019 Online Registration Opens for Continuing Emeritus Institute Students
June 25	New Student Registration Begins
August 19.....	Fall 2019 Classes Begin
September 2	Labor Day – No Class
November 11	Veteran’s Day – No Class
November 12.....	Faculty Contractual Day – No Class
November 28 – December 1	Thanksgiving Break – No Class

Emeritus Institute – Fall 2019 Schedule of Classes

IN-PERSON REGISTRATION ASSISTANCE

The Emeritus Institute is committed to assisting students through in-person registration.
Please check MySite for your registration day and time.

STUDENTS CANNOT REGISTER PRIOR TO THEIR APPOINTMENT.

IN-PERSON REGISTRATION		
LAGUNA WOODS VILLAGE – CLUBHOUSE 7		
24111 Moulton Parkway • Laguna Woods, CA 92637		
DAY & DATE	TIME	ROOM
Wednesday, June 19	9am – 2pm	Lobby
Thursday, June 20	9am – 2pm	Lobby
Monday, June 24	9am – 2pm	Lobby
Tuesday, June 25	9am – 2pm	Lobby
Monday, August 12	9am – 2pm	Lobby
Tuesday, August 13	9am – 2pm	Lobby
Wednesday, August 14	9am – 2pm	Lobby
Thursday, August 15	9am – 2pm	Lobby
Monday, August 19	9am – 2pm	Lobby
Tuesday, August 20	9am – 2pm	Lobby
Wednesday, August 21	9am – 2pm	Lobby
Thursday, August 22	9am – 2pm	Lobby
NORMAN P. MURRAY COMMUNITY AND SENIOR CENTER		
24932 Veterans Way • Mission Viejo, CA 92692		
DAY & DATE	TIME	
Thursday, June 27	9am – 12pm	

IN-PERSON REGISTRATION	
DANA POINT COMMUNITY CENTER	
34052 Del Obispo Street • Dana Point, CA 92629	
DAY & DATE	TIME
Thursday, June 27	1pm – 4pm
LAGUNA WOODS VILLAGE PARKING PASS PICK-UP	
LAGUNA WOODS VILLAGE COMMUNITY CENTER	
24351 El Toro Road • Laguna Woods, CA 92637	
DAY & DATE	TIME
Monday, August 12	9am – 2pm
Tuesday, August 13	9am – 2pm
Wednesday, August 14	9am – 2pm
Thursday, August 15	9am – 2pm
Friday, August 16	9am – 2pm
Monday, August 19	9am – 2pm
Tuesday, August 20	9am – 2pm
Wednesday, August 21	9am – 2pm
Thursday, August 22	9am – 2pm
Friday, August 23	9am – 2pm

IMPORTANT POLICIES

- Faculty reserve the right to drop students who do not attend the first class session.
- Students are not permitted to attend classes in which they are not officially enrolled; auditing is not permitted.

PLEASE NOTE: if the class you wish to take is full, an interested student has the option to go to the first class and ask the instructor for permission to add the class. If the instructor approves, the instructor will provide an Add Permit Code (APC) and the individual will be added to the roster.

FEES

Emeritus Institute courses are tuition free, non-credit classes. As noted in this schedule, classes on the Saddleback College campus require a \$21 health-fee payment. Some courses require a material fee. All fees must be paid at the time of registration. Payment may be made by credit card when registering online, or by check or money order when registering in-person; no cash is accepted. Payments must be received within five business days to avoid enrollment cancellation.

NOTE: Parking at Saddleback College is \$40 per semester, \$25 for summer, or \$5 /day

REFUND DEADLINE – Classes must be dropped by **August 30, 2019** to receive a refund.

LAGUNA WOODS VILLAGE PARKING PASSES	
STUDENT PARKING FEE	PAYMENT / PICK-UP
Laguna Woods Village (LWV) requires non-resident students who drive a vehicle into the community to pay a Student Parking Pass Fee, which is \$30 per vehicle for the fall semester. Payment may be made by check or cash.	Student Parking Passes will be available for payment and pick-up at the Laguna Woods Village Community Center, as scheduled above. Passes will not be mailed.
Laguna Woods Village does not refund parking pass purchases.	Students registering after the above dates must have a Saddleback College Emeritus Institute Parking Pass Application completed by a Saddleback College staff member before purchasing a parking pass. This form is available by calling either Emeritus Institute Office.
Only one parking pass per vehicle needs to be presented when students are carpooling.	
Students walking in will need to arrange for GATE CLEARANCE with an Emeritus staff member.	

SADDLEBACK COLLEGE EMERITUS INSTITUTE ONLINE REGISTRATION INSTRUCTIONS

Step 1: LOG IN TO MYSITE

Go to:
Saddleback.edu

Click MySite

Login Box:
Enter your student
ID number

Password Box:
Enter your 4 digit PIN

Step 2: GO TO REGISTRATION

Click:
My Classes

Click:
Register for classes

Select Term: Choose the semester
for which you are registering.
(Add/Drop class)

Step 3: UPDATE YOUR INFORMATION

Answer all questions
with a red*

Enter cell phone
number or use down
arrow and select
"no mobile phone."

Vocational & Technical
Information:
Check one or more
boxes. (VETA)

Electronic 1098T
Tax Information:
Social Security

Important Social
Security Number
Information

SSN listed
correctly?
Click "Yes"

SSN not listed
correctly?
Click "No"

SSN not displayed?
Click "Do Not Have"
or "Decline"

Not displayed or
wrong?
See below.*

**SSN - Wrong or Not Displayed? Print a W-9S form by clicking the link at the bottom of the screen,
complete and mail to "ATTN: DISTRICT FISCAL SERVICES,"
Saddleback College, 28000 Marguerite Parkway, Mission Viejo, CA 92692.*

Step 4: REGISTER FOR CLASSES

Enter Class Ticket
Number.
Click add class

Repeat step to
add more classes.

Class Open and
Added? It will
be listed on
your schedule.

Class Full? Click
"x" on window
and register for
new class.

Registration
Complete?
Click next

Step 5: FINISH

Material Fee Associated
with Registration?
Select payment method.

On checkout page,
you must select:
"I accept the
refund policy."

Registration
Confirmation Screen:
Lists all classes for
which you registered.

EMERITUS INSTITUTE CLASS LOCATIONS

CODE	MAP	LOCATION	ADDRESS
AV LIBRARY	1	Aliso Viejo Library	1 Journey, Aliso Viejo 92656
BELL TOWER	2	Bell Tower Regional Comm. Center	22232 El Paseo, Rancho Santa Margarita 92688
BELMONT VILLAGE	3	Belmont Village	300 Freedom Lane, Aliso Viejo, 92656
CASA ROMANTICA	4	Casa Romantica	415 Avenida Granada, San Clemente 92672
CASTA	5	Casta Del Sol	27651 Casta Del Sol, Mission Viejo 92692
CITY DP	6	City of Dana Point Comm. Center	34052 Del Obispo, Dana Point 92629
COLLEGE/CAREER	7	College and Career Campus of San Juan Capistrano	31522 El Camino Real, San Juan Capistrano 92675
CRESTVILLA	8	Crestvilla	30111 Niguel Rd, Laguna Niguel 92677
DAVINCI	9	DaVinci Paint	29726 Avenida de las Banderas, RSM 92688
FAITH EPISCOPAL	10	Faith Episcopal Church	27802 El Lazo, Laguna Niguel 92677
FIRE STA	11	Old Fire Station Complex	31421 La Matanza St, San Juan Capistrano 92675
FS SEN CTR	12	Florence Sylvester Memorial Center	23721 Moulton Pkwy, Laguna Hills 92653
GENEVA	13	Geneva Presbyterian Church	24301 El Toro Rd, Laguna Woods 92637
LAGUNA BEACH UMC	14	Laguna Beach United Methodist Church	21632 Wesley Dr, Laguna Beach 92651
LCUMC	15	Laguna Country United Methodist Church	24442 Moulton Pkwy, Laguna Woods 92637
LDS/LOS ALISOS	16	The Church of Jesus Christ of Latter-day Saints, Los Alisos Meeting House	23850 Los Alisos Blvd, Mission Viejo 92691
LFSP	17	Lake Forest Sports Park	28000 Rancho Pkwy, Lake Forest 92630
LHCCSC	18	Laguna Hills Community Center and Sports Complex	25555 Alicia Pkwy, Laguna Hills 92653
LN PRESBYTERIAN	19	Laguna Niguel Presbyterian	3007 Ivy Glenn, Laguna Niguel 92677
LWV COM CTR	20	Laguna Woods Village Community Center	24351 El Toro Rd, Laguna Woods 92637
LWV1	21*	Laguna Woods Village Clubhouse 1	24232 Calle Aragon, Laguna Woods 92637
LWV3	21*	Laguna Woods Village Clubhouse 3	23822 Avenida Sevilla, Laguna Woods 92637
LWV4	21*	Laguna Woods Village Clubhouse 4	23501 Via Mariposa West, Laguna Woods 92637
LWV5	21*	Laguna Woods Village Clubhouse 5	24262 Punta Alta, Laguna Woods 92637
MONTANOSO	22	Montanoso Recreation Center	25800 Montanoso Dr, Mission Viejo 92691
NIGLSHRS	23	Niguel Shores Community Assoc.	33654 Niguel Shores Dr, Monarch Beach 92629
NOR COM	24	Norman P. Murray Community and Senior Center	24932 Veterans Way, Mission Viejo 92692
PALMIA	25	Palmia Recreation Center	21455 Monterey, Mission Viejo 92692
SCL SNR	26	Dorothy Visser Senior Center of San Clemente	117 Avenida Victoria, San Clemente 92672
SC PRES CH	27	San Clemente Presbyterian Church	119 North Ave de la Estrella, San Clemente 92672
SC VILLAS	28	San Clemente Villas by the Sea	660 Camino de los Mares, San Clemente 92673
SC FINE ARTS	29	Saddleback College Fine Arts	28000 Marguerite Pkwy, Mission Viejo 92692
SEA CTRY	30	Sea Country Senior/Comm. Center	24602 Aliso Creek Rd, Laguna Niguel 92677
SJC CC/GYM	31	San Juan Capistrano Gym and Community Center	25925 Camino Del Avion, San Juan Capistrano 92675
ST GEORGE'S	32	St. George's Episcopal Church	23802 Avenida de la Carlota, Laguna Hills 92653
ST KILIAN	33	St. Kilian Catholic Church	26872 Estanciero Dr, Mission Viejo 92691



* See Laguna Woods Village Clubhouses Map

CLASS LOCATIONS AT A GLANCE

NEW! Easily find Emeritus Institute classes near you.

COURSE ID TITLE

ALISO VIEJO LIBRARY

ART 58X	BEGINNING WATERCOLOR PAINTING
ART 81X	INTERMEDIATE SKETCHING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Yoga Fitness</i>

BELL TOWER

ART 59X	INTERMEDIATE/ADVANCED WATERCOLOR PAINTING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Intermediate Chair Exercise</i>

BELMONT VILLAGE

FASH 124X	WEARABLE ART
HIST 205X	WESTERN CIVILIZATION SINCE 1648
SPAN 230X	BEGINNING PRACTICAL SPANISH

CASA ROMANTICA

ART 81X	INTERMEDIATE SKETCHING
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CASTA DEL SOL

HLTH 501	HEALTH: FITNESS AND WELLNESS <i>Emphasis – Aerobic Exercise To Music, Pilates Conditioning</i>
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Beginning Chair Exercise, Yoga Fitness</i>

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS-LOS ALISOS

MUS 290X	CHORAL ENSEMBLE
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CITY OF DANA POINT COMMUNITY CENTER

ART 20X	ART APPRECIATION
HLTH 501	HEALTH: FITNESS AND WELLNESS <i>Emphasis – Aerobic Exercise To Music, Balance & Mobility, Beginning Chair Exercise, Sequential Stretching</i>

COLLEGE & CAREER CAMPUS OF SAN JUAN CAPISTRANO

CIM 1X	LIFE AND TECHNOLOGY
PHOT 50XA	BEGINNING DIGITAL PHOTOGRAPHY
PHOT 50XB	INTERMEDIATE DIGITAL PHOTOGRAPHY
SPAN 230X	BEGINNING PRACTICAL SPANISH
SPAN 231X	INTERMEDIATE PRACTICAL SPANISH
SPAN 232X	ADVANCED PRACTICAL SPANISH

CRESTAVILLA

ART 80X	BEGINNING SKETCHING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Sequential Stretching</i>
PS 214X	CURRENT ISSUES IN GOVERNMENT

DAVINCI PAINT CO.

ART 53X	PAINTING IN SUBJECT AREAS
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COURSE ID TITLE

DOROTHY VISSER SENIOR CENTER OF SAN CLEMENTE

ART 51X	INTERMEDIATE OIL/ACRYLIC PAINTING
ART 58X	BEGINNING WATERCOLOR PAINTING
ART 80X	BEGINNING SKETCHING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Balance & Mobility, Intermediate Chair Exercise, Yoga Fitness</i>
PS 214X	CURRENT ISSUES IN GOVERNMENT

FAITH EPISCOPAL CHURCH

ART 20X	ART APPRECIATION
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FLORENCE SYLVESTER MEMORIAL AND SENIOR CENTER

ACCT 232X	STOCKS AND BONDS MANAGEMENT
ART 55XB	INTERMEDIATE CHINESE BRUSH PAINTING
ART 80X	BEGINNING SKETCHING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Balance & Mobility, Beginning Chair Exercise, Sequential Stretching, Yoga Fitness</i>
PS 214X	CURRENT ISSUES IN GOVERNMENT
SPS 145X	BEGINNING LIPREADING

GENEVA PRESBYTERIAN CHURCH

ACCT 229X	IMPROVING INVESTMENTS
SPAN 230X	BEGINNING PRACTICAL SPANISH

INTERNET

HLTH 501	HEALTH: FITNESS AND WELLNESS
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LAGUNA BEACH UNITED METHODIST CHURCH

HIST 205X	WESTERN CIVILIZATION SINCE 1648
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LAGUNA COUNTRY UNITED METHODIST CHURCH

ART 28X	CONTEMPORARY ART AND CULTURE
ENG 52X	FILM AS LITERATURE
FASH 283XA	BEGINNING KNITTING
HUM 204X	MODERN WORLD CULTURE: 1700 TO PRESENT
MUS 19X	INTRODUCTION TO OPERA
TA 2X	BEGIN SCENE STUDY

LAGUNA HILLS COMMUNITY CENTER AND SPORTS COMPLEX

ART 41X	ART MEDIA STUDIES
ART 58X	BEGINNING WATERCOLOR PAINTING
ART 59X	INTERMEDIATE/ADVANCED WATERCOLOR PAINTING
BIO 226X	BIRDS OF THE WORLD
HLTH 501	HEALTH: FITNESS AND WELLNESS <i>Emphasis – Pilates Conditioning</i>
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Aerobic Exercise To Music, Beginning Tai Chi (Yang Style), Sequential Stretching, Yoga Fitness</i>
SPAN 231X	INTERMEDIATE PRACTICAL SPANISH

CLASS LOCATIONS AT A GLANCE

NEW! Easily find Emeritus Institute classes near you.

COURSE ID TITLE

LAGUNA NIGUEL PRESBYTERIAN CHURCH

HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Intermediate Tai Chi (Sun Style)</i>
PS 214X	CURRENT ISSUES IN GOVERNMENT
SPAN 232X	ADVANCED PRACTICAL SPANISH

LAGUNA WOODS VILLAGE CLUBHOUSES

LWV1 ART ROOM

ART 51X	INTERMEDIATE OIL/ACRYLIC PAINTING
ART 52X	ADVANCED OIL/ACRYLIC PAINTING
ART 54X	PORTRAIT PAINTING
ART 55XA	BEGINNING CHINESE BRUSH PAINTING
ART 58X	BEGINNING WATERCOLOR PAINTING
ART 59X	INTERMEDIATE/ADVANCED WATERCOLOR PAINTING
GERO 120X	WEIGHT RISK FACTORS
SPAN 231X	INTERMEDIATE PRACTICAL SPANISH

LWV1 GYM

HLTH 501	HEALTH: FITNESS AND WELLNESS <i>Emphasis – Aerobic Exercise To Music, Intermediate Chair Exercise, Sequential Stretching</i>
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Aerobic Exercise To Music, Intermediate Chair Exercise, Pilates Conditioning, Sequential Stretching, Yoga Fitness</i>

LWV1 MULTIPURPOSE ROOM

ART 20X	ART APPRECIATION
ART 50X	BEGINNING OIL/ACRYLIC PAINTING
ART 56X	PASTEL PAINTING
ART 59X	INTERMEDIATE/ADVANCED WATERCOLOR PAINTING
ART 85X	BEGINNING LIFE DRAWING
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Yoga Fitness</i>

LWV1 POOL

HLTH 501	HEALTH: FITNESS AND WELLNESS <i>Emphasis – Aquatic Fitness</i>
HLTH 502	HEALTH AND WELLNESS <i>Emphasis – Aquatic Fitness</i>

LWV3 DINING ROOM 1

ENG 52X	FILM AS LITERATURE
PHIL 230X	INTRODUCTION TO PHILOSOPHY

LWV3 REHEARSAL ROOM

ENG 30X	LITERATURE AND LIFE
MUS 295X	REHEARSAL AND PERFORMANCE – INSTRUMENTAL
MUS 34X	CHORAL: BARBERSHOP
MUS 80X	VOICE AND RHYTHMS
TA 2X	BEGIN SCENE STUDY

COURSE ID TITLE

LWV4 ART ROOM

ART 51X	INTERMEDIATE OIL/ACRYLIC PAINTING
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LWV4 CERAMICS ROOM

ART 10X	CERAMICS HANDBUILDING
ART 11X	BEGINNING CERAMICS-WHEEL
ART 12X	INTERMEDIATE CERAMICS
ART 13X	ADVANCED CERAMICS
ART 70X	BEGINNING SCULPTURE
ART 71X	INTERMEDIATE SCULPTURE

LWV4 JEWELRY ROOM

ART 33XB	INTERMEDIATE ENAMELING
ART 36XA	BEGINNING JEWELRY METAL FABRICATION
ART 36XB	INTERMEDIATE JEWELRY METAL FABRICATION

LWV4 LAPIDARY ROOM

ART 31XA	BEGINNING INTARSIA
ART 35XA	BEGINNING STAINED GLASS
ART 35XB	ADVANCED STAINED GLASS
ART 61XA	BEGINNING LAPIDARY
ART 61XB	INTERMEDIATE LAPIDARY

LWV4 PHOTOGRAPHY ROOM

ART 28X	CONTEMPORARY ART AND CULTURE
PHOT 40X	BEGINNING SLIDE SHOW PRESENTATION
PHOT 41X	INTERMEDIATE DIGITAL SLIDESHOW PRESENTATION
PHOT 50XB	INTERMEDIATE DIGITAL PHOTOGRAPHY
PHOT 59XB	ADVANCED COLOR PRINTING

LWV4 SEWING CLASSROOM

FASH 282XB	INTERMEDIATE CROCHETING
FASH 283XB	INTERMEDIATE KNITTING

LWV4 SEWING ROOM

FASH 110XA	BEGINNING CLOTHING CONSTRUCTION
FASH 124X	WEARABLE ART

LWV4 SLIPCASTING ROOM

ART 14XA	BEGINNING SLIPCASTING
ART 14XC	ADVANCED SLIPCASTING
ART 14XD	CERAMIC DEC

LWV5 MULTIPURPOSE ROOM 1

ACCT 229X	IMPROVING INVESTMENTS
ACCT 232X	STOCKS AND BONDS MANAGEMENT
ART 25X	ART HISTORY
ENG 40XA	BIBLE AS LITERATURE: GENESIS TO PSALMS
ENG 52X	FILM AS LITERATURE
HIST 205X	WESTERN CIVILIZATION SINCE 1648
PS 214X	CURRENT ISSUES IN GOVERNMENT

CLASS LOCATIONS AT A GLANCE

NEW! Easily find Emeritus Institute classes near you.

COURSE ID TITLE

LWV5 POOL

HLTH 502 HEALTH AND WELLNESS
Emphasis – Aquatic Fitness

LAKE FOREST SPORTS PARK

BIO 226X BIRDS OF THE WORLD

MONTANOSO RECREATION CENTER

HLTH 502 HEALTH AND WELLNESS
Emphasis – Balance & Mobility, Beginning Tai Chi (Sun Style), Intermediate Tai Chi (Sun Style), Yoga Fitness

NIGUEL SHORES

ENG 52X FILM AS LITERATURE

NORMAN P. MURRAY COMMUNITY AND SENIOR CENTER

ART 25X ART HISTORY
ENG 3X INTRODUCTION TO CREATIVE WRITING
ENG 4X ADVANCED CREATIVE WRITING
ENG 52X FILM AS LITERATURE
FASH 286X QUILTING/PATCHWORK
HLTH 502 HEALTH AND WELLNESS
Emphasis – Aerobic Exercise To Music, Beginning Chair Exercise, Sequential Stretching, Yoga Fitness

MUS 19X INTRODUCTION TO OPERA
MUS 20X FOR THE LOVE OF MUSIC
SPAN 231X INTERMEDIATE PRACTICAL SPANISH

PALMIA RECREATION CENTER

ART 25X ART HISTORY
HLTH 501 HEALTH: FITNESS AND WELLNESS
Emphasis – Aerobic Exercise To Music, Aquatic Fitness, Intermediate Chair Exercise

HLTH 502 HEALTH AND WELLNESS
Emphasis – Aerobic Exercise To Music, Aquatic Fitness, Yoga Fitness

HSC 105X HEALTH ISSUES

SADDLEBACK COLLEGE FINE ARTS

MUS 290X CHORAL ENSEMBLE
MUS 295X REHEARSAL AND PERFORMANCE – INSTRUMENTAL

COURSE ID TITLE

SAN CLEMENTE PRESBYTERIAN CHURCH

HLTH 502 HEALTH AND WELLNESS
Emphasis – Beginning Chair Exercise

SAN CLEMENTE VILLAS BY THE SEA

ENG 52X FILM AS LITERATURE

SAN JUAN CAPISTRANO COMMUNITY CENTER AND GYM

ART 80X BEGINNING SKETCHING
HLTH 502 HEALTH AND WELLNESS
Emphasis – Aerobic Exercise To Music, Beginning Tai Chi (Sun Style), Yoga Fitness

SAN JUAN CAPISTRANO OLD FIRE STATION

HLTH 501 HEALTH: FITNESS AND WELLNESS
Emphasis – Pilates Conditioning

SEA COUNTRY SENIOR AND COMMUNITY CENTER

ACCT 229X IMPROVING INVESTMENTS
ART 25X ART HISTORY
BIO 226X BIRDS OF THE WORLD
ENG 52X FILM AS LITERATURE
HLTH 502 HEALTH AND WELLNESS
Emphasis – Aerobic Exercise To Music, Beginning Tai Chi (Sun Style), Pilates Conditioning

ST GEORGE'S EPISCOPAL CHURCH

ENG 3X INTRODUCTION TO CREATIVE WRITING
HIST 275X CONTEMPORARY MIDDLE EAST HISTORY
PHIL 231X FREETHOUGHT PHILOSOPHY
PS 214X CURRENT ISSUES IN GOVERNMENT
SPAN 230X BEGINNING PRACTICAL SPANISH

ST KILIAN CATHOLIC CHURCH

ART 28X CONTEMPORARY ART AND CULTURE
GERO 120X WEIGHT RISK FACTORS

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
EMERITUS ACCOUNTING				
ACCT 229X IMPROVING INVESTMENT PERFORMANCE (EI)				0 Units
Focuses on maximizing investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation and growth of financial assets.				
12665	M	01:00PM-02:50	Meyerson, R.	SEA CTRY
The above class meets at Sea Country Senior Community Center, Laguna Niguel.				
13370	W	11:00AM-12:50	Meyerson, R.	LWV5 MPR
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.				
12780	Th	09:00AM-10:50	Castillo, R.	GENEVA
The above class meets at Geneva Presbyterian Church, McLennan Lounge, Laguna Woods.				
13330	Th	01:30PM-03:20	Meyerson, R.	LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.				
ACCT 232X STOCKS AND BONDS MANAGEMENT (EI)				0 Units
Examines the dynamics of global economics, stock and bond markets, and mutual funds with an emphasis on helping investors develop an informed and strategic investment philosophy.				
12395	T	09:00AM-10:50	Sinclair, W.	FS SEN CTR
The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills.				
12610	W	09:00AM-10:50	Sinclair, W.	FS SEN CTR
The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills.				
12790	W	03:00PM-04:50	Meyerson, R.	FS SEN CTR
The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills.				
13055	F	12:30PM-02:20	Meyerson, R.	LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.				
EMERITUS ART				
EMERITUS ART HISTORY AND THEORY (FINE ARTS)				
ART 20X ART APPRECIATION (EI)				0 Units
Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art.				
13900	M	01:00PM-02:50	Turner, P.	LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				
80285	W	01:30PM-03:20	Rodriguez-Morris, E.	CITY DP
The above class meets at the City of Dana Point Communcity Center, Dana Point.				
12975	F	10:00AM-11:50	Shriver, J.	FAITH EPISCOPAL
The above class meets at Faith Episcopal Church, Laguna Niguel. Emphasis on Medieval to Impression.				
ART 25X ART HISTORY (EI)				0 Units
Surveys the history of Western art. Focuses on major works and artists of lasting significance from the prehistoric to modern times.				
12620	M	01:00PM-02:50	Redfield, M.	PALMIA
The above class meets at Palmia Recreation Center, Mission Viejo. Emphasis on European Art and Architecture.				
13405	T	01:00PM-02:50	Redfield, M.	SEA CTRY
The above class meets at Sea Country Senior and Community Center, Laguna Niguel. Emphasis on European Art and Architecture.				
12845	Th	01:00PM-02:50	Redfield, M.	NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo. Emphasis on European Art and Architecture.				
12875	F	03:00PM-04:50	Rodriguez-Morris, E.	LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.				

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
ART 28X CONTEMPORARY ART AND CULTURE (EI) 0 Units				
This course emphasizes 20th century art, culture and architecture. It highlights achievements of individual arts, collectors and patrons of the arts.				
12365	M	09:00AM-10:50	Rodriguez-Morris, E.	LWV4 PHO
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods.</i>				
12580	W	09:00AM-10:50	Shriver, J.	ST KILIAN
<i>The above class meets at St. Kilian Catholic Church, Mission Viejo.</i>				
12655	Th	09:00AM-10:50	Shriver, J.	LCUMC
<i>The above class meets at Laguna Country United Methodist Church, Sanctuary, Laguna Woods.</i>				
EMERITUS ART (CERAMICS)				
<i>Emeritus Art students please note: Additional art supplies may be required.</i>				
ART 10X CERAMICS HANDBUILDING (EI) 0 Units				
A practical and historical introduction to the core aspects of the ceramics process. The course will include handbuilding, trimming and finishing, firing and glazing. Materials fee of \$15.00 payable at registration.				
13390	W	01:00PM-03:50	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				
ART 11X BEGINNING CERAMICS-WHEEL (EI) 0 Units				
Introduction to potter's wheel techniques, with emphasis on traditional shapes and forms. Includes wheel throwing techniques, trimming and finishing, firing and glazing. Materials fee of \$15.00 payable at registration.				
12905	Th	01:00PM-04:05	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				
ART 12X INTERMEDIATE CERAMICS (EI) 0 Units				
Rec Prep: ART 10X. Covers theory, materials, and techniques of ceramics at an intermediate level. Includes design-forming techniques, use of the potter's wheel, glazing, and firing. Materials fee of \$15.00 payable at registration.				
12630	T	09:00AM-11:50	Elizalde-Henson, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				
ART 13X ADVANCED CERAMICS (EI) 0 Units				
Rec Prep: ART 12X. Course directs advanced projects in ceramics with emphasis on use of the potter's wheel. Evaluation of forms and creative use of ceramic concepts and materials will be emphasized. Design, forming and glazing techniques will be presented. Materials fee of \$15.00 payable at registration.				
12590	W	09:00AM-11:50	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				
ART 14XA BEGINNING CERAMICS-SLIPCASTING (EI) 0 Units				
Theory and technique in lowfire ceramics including, pouring slip into molds (slip-casting), finishing, carving,and firing, as well as underglaze, glaze, and overglaze applications. Materials fee of \$5.00 payable at registration.				
13015	W	01:00PM-03:50	Turner, P.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.</i>				
20570	Th	09:00AM-12:05	Elizalde-Henson, S.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.</i>				
ART 14XC ADVANCED CERAMICS-SLIPCASTING (EI) 0 Units				
Rec Prep: ART 14XA and ART 14XB. Advanced glaze concepts and ceramic product exploration will be emphasized including red and speciality glazes,and advanced use of forms. Materials fee of \$5.00 payable at registration.				
12920	M	09:00AM-12:05	Elizalde-Henson, S.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slipcasting Room, Laguna Woods.</i>				

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
ART 14XD ART OF CERAMIC DECORATING (EI) 0 Units				
Advanced decorative techniques. Emphasis on porcelain decorating and firing techniques. Materials fee of \$5.00 payable at registration.				
12350	W	09:00AM-11:50	Turner, P.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.</i>				
EMERITUS ART (CRAFTS)				
<i>Emeritus Art students please note: Additional art supplies may be required.</i>				
ART 31XA BEGINNING INTARSIA (EI) 0 Units				
Rec Prep: ART 61XA. Learn intarsia design techniques in lapidary studio. Create landscapes, organic and geometric designs, with inlaid stone.				
Materials fee of \$5.00 payable at registration.				
20560	Th	01:00PM-04:05	Massamiri, T.	LWV4 LAP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Room, Laguna Woods.</i>				
ART 33XB INTERMEDIATE ENAMELING (EI) 0 Units				
Rec Prep: ART 33XA. A studio course emphasizing traditional and contemporary concepts, processes, and techniques in enameling at an intermediate level. Materials fee of \$15.00 payable at registration.				
12810	Th	09:00AM-12:05	Nielsen, M.	LWV4 JLY
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.</i>				
ART 35XA BEGINNING STAINED GLASS (EI) 0 Units				
Fundamental approach for working with stained glass using the copper-foil and lead came technique, in two and/or three-dimensional projects. Materials fee of \$10.00 payable at registration.				
12855	W	09:00AM-11:50	Rokni, S.	LWV4 LAP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.</i>				
ART 35XB ADVANCED STAINED GLASS (EI) 0 Units				
Rec Prep: ART 35XA. Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous 'cold glass' courses. Materials fee of \$10.00 payable at registration.				
13345	Th	04:45PM-07:50	Rokni, S.	LWV4 LAP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods. Emphasis painting on glass. This class is for advanced students.</i>				
ART 36XA BEGINNING JEWELRY METAL FABRICATION (EI) 0 Units				
A studio course emphasizing the concepts, processes and techniques involved in the making of jewelry. Includes demonstration and practice in the design and construction of jewelry fabricated for decorative wear. Materials fee of \$15.00 payable at registration.				
12730	T	09:00AM-11:50	Nielsen, M.	LWV4 JLY
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.</i>				
12335	T	05:00PM-07:50	Rokni, S.	LWV4 JLY
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.</i>				
ART 36XB INTERMEDIATE JEWELRY METAL FABRICATION (EI) 0 Units				
Rec Prep: ART 36XA. A studio course introducing intermediate methods, materials, designs and practices in the construction of jewelry by metal fabrication. Necessary tools and types of metals will be discussed. Materials fee of \$15.00 payable at registration.				
13375	Th	04:30PM-07:35	Lommatsch Barrett, C.	LWV4 JLY
<i>The above class meets at Laguna Woods Village Clubhouse 4, Jewelry Classroom, Laguna Woods.</i>				

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
ART 61XA BEGINNING LAPIDARY (EI) 0 Units				
Explores the proper usage of lapidary machines for cutting and polishing gemstones: slabsaw, trim saw, grinders, sanders, lapping wheels, polishers and drills. Materials fee of \$5.00 payable at registration.				
13275	T	05:00PM-07:50	Massamiri, T.	LWV4 LAP
<i>The above class meets at Laguna Woods Village Clubhouse 4, Lapidary Classroom, Laguna Woods.</i>				
ART 61XB INTERMEDIATE LAPIDARY (EI) 0 Units				
Rec Prep: ART 61XA. Instruction in cutting and polishing gemstones, channel work and intarsia. Topics include: what makes a gemstone, how they occur, types of gemstone deposits, luster, hardness, toughness, and complex lapidary machines. Materials fee of \$5.00 payable at registration.				
12565	Th	09:00AM-12:05	Massamiri, T.	LWV4 LAP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.</i>				
EMERITUS ART (DRAWING)				
<i>Emeritus Art students please note: Additional art supplies may be required.</i>				
ART 41X ART MEDIA STUDIES (EI) 0 Units				
Students engage in introductory activities in mixed media drawing painting, print-making and related two-dimensional and three-dimensional art forms. Materials fee of \$10.00 payable at registration.				
12490	M	11:30AM-02:35	Lommatsch Barrett, C.	LHCCSC
<i>The above class meets Laguna Hills Community Center and Sports Complex, Laguna Hills.</i>				
ART 80X BEGINNING SKETCHING (EI) 0 Units				
Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5.00 payable at registration.				
13145	M	01:30PM-04:35	Kiernan, M.	SCL SNR
<i>The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.</i>				
20580	T	01:00PM-03:50	Rogers Cloud, R.	FS SEN CTR
<i>The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills.</i>				
12745	Th	01:00PM-04:05	Willis, E.	CRESTAVILLA
<i>The above class meets at Crestavilla, Laguna Niguel.</i>				
13100	F	09:30AM-12:35	Willis, E.	SJC CC/GYM
<i>The above class meets at San Juan Capistrano Community Center, San Juan Capistrano.</i>				
ART 81X INTERMEDIATE SKETCHING (EI) 0 Units				
Rec Prep: ART 80X. Using traditional sketching media will be used in still life, landscape, and figure drawing. Builds upon basic drawing techniques. Materials fee of \$5.00 payable at registration.				
13290	M	10:15AM-01:05	Jacques, M.	AV LIBRARY
<i>The above class meets at Aliso Viejo Library, Aliso Viejo.</i>				
12515	T	10:00AM-12:50	Kiernan, M.	CASA ROMANTICA
<i>The above class meets at Casa Romantica, 415 Avenida Granada, San Clemente 92672.</i>				
ART 85X BEGINNING LIFE DRAWING (EI) 0 Units				
Fundamental structure of the human body including skeletal and muscular systems. Materials fee of \$5.00 payable at registration.				
80195	F	09:00AM-12:05	Jekabsons, I.	LWV1 MPR
NOTE: Class utilizes live models. The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				
12340	F	01:00PM-04:05	Jekabsons, I.	LWV1 MPR
NOTE: Class utilizes live models. The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
EMERITUS ART (PAINTING)				
Emeritus Art students please note: Additional art supplies may be required.				
ART 50X	BEGINNING PAINTING IN OIL/ACRYLIC (EI)			0 Units
Using painting materials and techniques, students learn the basic elements of drawing, color, & design. Emphasizes individual style and expression. Materials fee of \$5.00 payable at registration.				
13020	M	09:00AM-12:05	Alvarez, J.	LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				
12775	W	09:00AM-11:50	Jacques, M.	LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				
13050	Th	02:45PM-05:50	Ortiz, R.	LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room.				
ART 51X	INTERMEDIATE PAINTING IN OIL/ACRYLIC (EI)			0 Units
Rec Prep: ART 50X. Designed for students who have some basic knowledge of color, composition and perspective and who wish to improve techniques, develop creativity and use their own resource materials. Introduction of techniques into abstract and non-objective painting. Materials fee of \$5.00 payable at registration.				
12390	M	09:00AM-12:05	Turner, P.	LWV4 ART
The above class meets at Laguna Woods Village, Clubhouse 4, Art Gallery, Laguna Woods. Acrylics only.				
12870	T	01:00PM-03:50	Stonick Garringer, L.	SCL SNR
The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.				
12895	Th	11:30AM-02:35	Kiernan, M.	LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.				
ART 52X	ADVANCED PAINTING IN OIL-ACRYLIC (EI)			0 Units
Rec Prep: ART 51X. Designed for students who have a working knowledge of painting principles who wish to proceed in understanding individual application of their skills. Materials fee of \$5.00 payable at registration.				
12635	M	09:30AM-12:35	Kiernan, M.	LWV1 ART
The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.				
13125	W	09:30AM-12:20	Kiernan, M.	LWV1 ART
The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.				
ART 53X	PAINTING IN SUBJECT AREAS (EI)			0 Units
Rec Prep: ART 52X. Provides theory and demonstration of materials, applications, and techniques in a variety of subject matter and art mediums. Various exercises in the use of material, composition, perspective, and value.				
12945	M	01:00PM-04:05	Rogers Cloud, R.	DAVINCI
NOTE: The first class (orientation) will be on Monday, August 19, 2019, at Da Vinci Paint Company, 29726 Avenida de Las Banderas, Rancho Santa Margarita, 92688. Class then meets off-site at various South Orange County locations.				
13150	T	01:00PM-03:50	Turner, P.	LWV3 DR2
NOTE: The first class (orientation) will be on Tuesday, August 20, 2019, at Laguna Woods Performing Arts Center, Dining Room 2 from 2-4:50pm. All other classes then meet at various South Orange County locations.				
ART 54X	PORTRAIT PAINTING IN OILS, WATERCOLOR AND PASTELS (EI)			0 Units
Rec Prep: ART 85X. Constructing the human head and features using a variety of painting media. Includes choosing a pose, lighting, as well as props and back-grounds. Demonstrations in oils, watercolors, and/or pastels.				
12910	W	01:00PM-03:50	Kiernan, M.	LWV1 ART
The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.				

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
ART 55XA BEGINNING CHINESE BRUSH PAINTING (EI) 0 Units				
Introduction to the techniques of Chinese Brush Painting including concepts in the design and composition of traditional subjects, mounting of completed paintings.				
80200	F	01:00PM-04:05	Ho, C.	LWV1 ART
<i>The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.</i>				
ART 55XB INTERMEDIATE CHINESE BRUSH PAINTING (EI) 0 Units				
Rec Prep: ART 55XA. Develop skills in handling the brush, ink, and color in a wide range of subjects while exploring concepts of design and composition. Explore history and aesthetics of Chinese painting.				
12370	M	01:00PM-04:05	Ho, C.	FS SEN CTR
<i>The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills.</i>				
ART 56X PASTEL PAINTING (EI) 0 Units				
Explores a variety of techniques in the pastel medium from traditional to contemporary themes. Designed for the older adult student. Materials fee of \$15.00 payable at registration.				
13410	T	09:00AM-11:50	Willis, E.	LWV1 MPR
<i>The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.</i>				
13095	W	01:00PM-03:50	Alvarez, J.	LWV1 MPR
<i>The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room.</i>				
ART 58X BEGINNING WATERCOLOR (EI) 0 Units				
Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored. Materials fee of \$5.00 payable at registration.				
12830	M	10:00AM-01:05	Stonick Garringer, L.	SCL SNR
<i>The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.</i>				
80300	Th	01:00PM-04:05	Jekabsons, I.	LWV1 ART
<i>The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room.</i>				
12670	F	10:15AM-01:20	Kiernan, M.	AV LIBRARY
<i>The above class meets at the Aliso Viejo Library, Aliso Viejo.</i>				
13090	F	01:45PM-04:50	Kiernan, M.	LHCCSC
<i>The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.</i>				
ART 59X INTERMEDIATE-ADVANCED WATERCOLOR (EI) 0 Units				
Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5.00 payable at registration.				
12980	T	09:00AM-11:50	Turner, P.	LWV1 ART
<i>The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.</i>				
13310	W	01:30PM-04:20	Rogers Cloud, R.	LHCCSC
<i>The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.</i>				
12455	Th	12:30PM-03:35	Stonick Garringer, L.	BELL TOWER
<i>The above class meets at Bell Tower Regional Community Center, Rancho Santa Margarita.</i>				
EMERITUS ART (SCULPTURE)				
<i>Emeritus Art students please note: Additional art supplies may be required.</i>				
ART 70X BEGINNING SCULPTURE (EI) 0 Units				
Introduction to sculptural ideas, issues and techniques in clay, wood, and various other media. The student will apply theory and techniques of sculpture in selected materials. Materials fee of \$15.00 payable at registration.				
13380	Th	09:00AM-12:05	Sampson, J.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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ART 71X INTERMEDIATE SCULPTURE (EI) 0 Units

Rec Prep: ART 70X. Includes the creation of sculpture in contemporary as well as historic styles. The use of ceramic clay, soft stone, and synthetic modeling materials with emphasis on both the human and animal figure. Materials fee of \$15.00 payable at registration.

12900 M 12:30PM-03:35 Alvarez, J. LWV4 CER
The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.

EMERITUS BIOLOGY

BIO 226X BIRDS OF THE WORLD (EI) 0 Units

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territoriality, migration) and techniques of field identification of birds. Designed for older adults who wish to actively participate in a course outdoors, including field trips to local sites.

12405 M 09:15AM-12:20 Leipzig, V. SEA CTRY
The above class meets at Sea Country Senior and Community Center, Laguna Niguel. Sections #12405 and #13005 will be duplicate sections taught at a relatively introductory level for students new to birding.

13005 W 08:30AM-11:20 Leipzig, V. LFSP
The above class meets at Lake Forest Sports Park and Recreation Center, Lake Forest. Sections #12405 and #13005 will be duplicate sections taught at a relatively introductory level for students new to birding.

13280 W 01:00PM-03:50 Leipzig, V. LHCCSC
The above class meets at Laguna Hills Community Center and Sports Complex. Intended for relatively advanced students who already have some experience in birding. Content will focus on more challenging aspects of species identification and bird biology.

EMERITUS COMPUTER AND INFORMATION MANAGEMENT

CIM 1X LIFE AND TECHNOLOGY INTEGRATION FOR OLDER ADULTS (EI) 0 Units

Designed for older adults, this class introduces students to the effective use of new and emerging technologies and how to create ease, efficiency, and comfort in the completion of daily tasks. Students will learn about internet use, computers, tablets, smart cell phones, mobile apps, and other emerging technologies.

12540 F 10:00AM-11:50 Strobel, J. COLLEGE/CAREER
The above class meets at the San Juan Capistrano College and Career Campus, Room 5, 31522 El Camino Real, San Juan Capistrano.

12460 F 01:00PM-02:50 Strobel, J. COLLEGE/CAREER
The above class meets at the San Juan Capistrano College and Career Campus, Room 5, 31522 El Camino Real, San Juan Capistrano.

EMERITUS ENGLISH

ENG 3X INTRODUCTION TO CREATIVE WRITING (EI) 0 Units

Explores the basic elements of fiction and non-fiction writing including audience, structure, voice, description, setting and manuscript development with a focus on the skills necessary to grow as a writer. Course includes writing exercises, class discussion and feedback and instructor evaluation of student work.

12645 T 09:30AM-12:20 Hecht, S. NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.

13395 W 09:00AM-11:50 Broeske, P. ST GEORGE'S
The above class meets at St. George's Episcopal Church, Room 206, Laguna Hills.

ENG 4X ADVANCED CREATIVE WRITING (EI) 0 Units

Rec Prep: ENG 3X. An in-depth study of prose including organization, classification, comparison and contrast, cause and effect, as well as definition and development for non-fiction and fiction.

13060 M 01:00PM-04:05 DeMarco-Barrett, B. NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
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ENG 30X LITERATURE AND LIFE (EI) 0 Units

Designed for the older adult, this survey course introduces selected literary works exploring the common human experience. Students will analyze cultural, political, philosophical, and humanistic themes.

13180 M 07:00PM-08:50 Stachenfeld, M. LWV3 REHEA
The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods. Additional purchase of books may be required.

ENG 40XA THE BIBLE AS LITERATURE - GENESIS TO PSALMS (EI) 0 Units

A literary examination of the Hebrew Bible from Genesis to Psalms, analyzing the structure, form, authorship, transmission, style, and distinctive themes of these books. There is special focus on the original Jewish cultural contexts from which this literature arose.

80220 W 04:00PM-05:50 Staff LWV5 MPR1
The above class meets at Laguna Woods Village Clubhouse 5, Multipurpose Room 1.

ENG 52X FILM AS LITERATURE (EI) 0 Units

Includes an examination of film as a 20th and 21st century art form. Reviews foreign and domestic cinema with a focus on archetype, myth, symbol, characterization and plot.

13355 M 11:00AM-02:05 Broeske, P. LWV3 DR1
The above class meets at Laguna Woods Village, Clubhouse 3, Dining Room 1, Laguna Woods.

12700 M 12:45PM-03:50 Binder, G. SEA CTRY
The above class meets at Sea Country Senior and Community Center, Laguna Niguel.

12575 M 02:30PM-05:35 Hecht, S. NIGL SHRS
The above class meets at Niguel Shores Community Association, Monarch Beach.

13140 T 02:00PM-05:05 Hecht, S. NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.

12600 W 09:30AM – 12:20 Binder, G. LCUMC
The above class meets at Laguna Country United Methodist Church, Sanctuary, Laguna Woods.

12680 W 01:00PM-03:50 Kline, R. LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.

13030 Th 03:00PM-06:05 Kramer, K. SC VILLAS
The above class meets at San Clemente Villas by the Sea, San Clemente.

13265 F 05:30PM-08:35 Kramer, K. LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.

EMERITUS FASHION

FASH 110XA BEGINNING CLOTHING CONSTRUCTION (EI) 0 Units

This course is designed for the beginning student, and emphasizes the operation of a sewing machine, pattern reading, layout and garment construction. Materials fee of \$5.00 payable at registration.

13305 M 01:00PM-03:50 Johnson, S. LWV4 SEWRM
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 124X WEARABLE ART (EI) 0 Units

Design and construct a garment incorporating techniques such as applique, surface design, bobbin work, fabric manipulation, dimensional texture and collage. Materials fee of \$15.00 payable at registration.

12760 M 09:00AM-12:05 Johnson, S. BELMONT VILLAGE
The above class meets at Belmont Village, Aliso Viejo.

80070 W 09:00AM-11:50 South, M. LWV4 SEWRM
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

12960 Th 09:00AM-12:05 Elston, L. LWV4 SEWRM
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EMERITUS FASHION

FASH 282XB INTERMEDIATE CROCHETING (EI) 0 Units

Rec Prep: FASH 282XA. Study of fibers used for crochet so students can construct garments or accessories. Review of terms and techniques used in crochet patterns. New methods of finishing and blocking projects.

80145 M 09:00AM-12:05 Triebwasser, L. LWV4 SEWCL
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 283XA BEGINNING KNITTING (EI) 0 Units

Introduction and review of knitting theory, techniques and fibers. Lectures include how to read and modify patterns, cast on and cast-off, basic stitches and finishing techniques, use of test swatches, and understanding gauge.

12685 T 01:00PM-03:50 Triebwasser, L. LCUMC
The above class meets at Laguna Country United Methodist Church, Sunroom, Laguna Woods.

FASH 283XB INTERMEDIATE KNITTING (EI) 0 Units

Rec Prep: FASH 283XA. Develop knitting skills at an intermediate level. Learn new cast-on, cast-off methods, simple pattern combinations, and how to adjust pattern to fit specific size. Knit independently.

13110 T 09:00AM-11:50 Triebwasser, L. LWV4 SEWCL
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Classroom, Laguna Woods.

FASH 286X QUILTING AND PATCHWORK (EI) 0 Units

Fundamental quilting/patchwork techniques to include applique, cathedral windows, crazy quilting, fabric selection, pattern drafting, piecing, reverse applique and trapunto.

12400 T 01:00PM-03:50 Caverly, C. NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.

EMERITUS GERONTOLOGY

GERO 120X WEIGHT-RELATED HEALTH RISK FACTORS (EI) 0 Units

Informs students about risk factors contributing to cardiovascular disease. Students develop individual programs for weight control.

12935 MWF 08:00AM-08:50 Henry, R. LWV1 ART
The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

13385 TTh 10:00AM-11:15 Ettinger, V. ST KILIAN
The above class meets at St. Kilian Catholic Church, Mission Viejo.

EMERITUS HEALTH

HLTH 501 HEALTH FITNESS AND WELLNESS FOR THE OLDER ADULT (EI) 0 Units

Principles of achieving and maintaining ideal body composition through lectures and discussions on balanced nutrition and life sustaining exercise strategies designed for the older adult. Principles applied within an aerobic exercises skills lab to enhance cognitive and physical wellness.

THESE CLASSES MEET FOR 3 HOURS PER WEEK

AEROBIC EXERCISE TO MUSIC				
13185	MWF	08:00AM-08:50	Staff	PALMIA
80210	MWF	08:00AM-08:50	McReynolds, B.	CASTA
12500	MWF	09:00AM-09:50	Staff	LWV1 GYM
13230	MWF	09:15AM-10:05	Nelson, A.	CITY DP

AQUATIC FITNESS				
12720	MWF	09:00AM-09:50	Himes, M.	PALMIA
13300	MWF	10:30AM-11:20	Himes, M.	LWV5 POOL

BALANCE AND MOBILITY				
13065	MWF	08:00AM-08:50	Nelson, A.	CITY DP

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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BEGINNING CHAIR EXERCISE

13070 MWF 10:30AM-11:20 Nelson, A. CITY DP

INTERMEDIATE CHAIR EXERCISES

12480 MW 10:30AM-11:20 Messenger, L. PALMIA
 F 11:30AM-12:20 Nelson, J. PALMIA
 12535 MWF 11:00AM-11:50 Gardner, C. LWV1 GYM

ONLINE

12915 TBA Licavoli, L. INTERNET

PILATES CONDITIONING

12970 MWF 09:00AM-09:50 Nelson, J. CASTA
 80235 MWF 10:30AM-11:20 Snively, N. FIRE STATION
 13320 TTh 09:30AM-10:45 Lowe, L. LHCCSC

SEQUENTIAL STRETCHING

80295 MWF 08:00AM-08:50 Snively, N. CITY DP
 12885 MWF 10:00AM-10:50 Gardner, C. LWV1 GYM

HLTH 502 HEALTH AND WELLNESS FOR THE OLDER ADULT (EI) 0 Units

Principles of achieving and maintaining ideal optimal physical and mental health through lectures and discussions on balance, nutrition, and life-sustaining exercise strategies designed for the older adult. Lab will reinforce lecture material.

THESE CLASSES MEET FOR 2 HOURS PER WEEK

AEROBIC EXERCISE TO MUSIC

12415 MW 10:00AM-10:50 McReynolds, B. LHCCSC
 12695 MW 10:30AM-11:20 Nelson, J. SJC CC/GYM
 12360 M 01:00PM-01:50 Nelson, A. LWV1 GYM
 W 02:00PM-02:50 Robitaille, J. LWV1 GYM
 12425 TTh 08:00AM-08:50 Roostee, L. PALMIA
 12785 TTh 09:00AM-09:50 Giertych, P. LWV1 GYM
 13075 TTh 09:00AM-09:50 Messenger, L. NOR COM
 12355 TTh 09:15AM-10:05 Baldonado-Wilkins, E. SEA CTRY

AQUATIC FITNESS

13105 TTh 09:00AM-09:50 Roostee, L. PALMIA
 12715 TTh 10:30AM-11:20 McReynolds, B. LWV1 POOL
 12625 TTh 11:30AM-12:20 Roostee, L. LWV1 POOL

BALANCE AND MOBILITY

12520 M 09:00AM-10:50 Giertych, P. SCL SNR
 13205 WF 09:00AM-09:50 Giertych, P. FS SEN CTR
 13080 WF 10:00AM-10:50 Giertych, P. FS SEN CTR
 13215 W 02:00PM-03:50 Augsburg, S. MONTANOSO

BEGINNING CHAIR EXERCISE

12550 MW 10:00AM-10:50 Swanson, R. SC PRES CH
 12615 MW 01:00PM-01:50 Swanson, R. CASTA
 13170 TTh 08:00AM-08:50 McCullough, L. CASTA
 12690 TTh 10:00AM-10:50 Snively, N. FS SEN CTR
 12880 TTh 10:00AM-10:50 Roostee, L. NOR COM

INTERMEDIATE CHAIR EXERCISES

12560 TTh 10:30AM-11:20 Giertych, P. BELL TOWER
 13415 TTh 11:00AM-11:50 Messenger, L. LWV1 GYM
 12940 WF 10:00AM-10:50 Truong, L. SCL SNR

PILATES CONDITIONING

13025 TTh 01:00PM-01:50 Yell, L. LWV1 GYM
 13010 W 09:30AM-11:20 Fong, F. SEA CTRY
 13000 F 10:30AM-12:20 Yell, L. LHCCSC

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
SEQUENTIAL STRETCHING				
12930	MW	08:00AM-08:50	Truong, L.	FS SEN CTR
12995	MW	11:00AM-11:50	McReynolds, B.	LHCCSC
12650	M	12:30PM-02:20	Baldonado-Wilkins, E.	NOR COM
12450	TTh	06:30AM-07:20	Roostee, L.	LWV1 GYM
12675	TTh	08:30AM-09:20	Lowe, L.	LHCCSC
13335	TTh	11:00AM-11:50	Lowe, L.	CRESTAVILLA
13295	F	12:00PM-01:50	Truong, L.	LWV1 GYM
BEGINNING TAI CHI				
12485	M	02:00PM-03:50	Costa, R.	MONTANOSO
13250	T	01:30PM-03:20	Costa, R.	SEA CTRY
13135	Th	09:00AM-10:50	Costa, R.	SJC CC/GYM
12525	F	08:15AM-10:05	Staff	LHCCSC
INTERMEDIATE TAI CHI				
13120	T	09:00AM-10:50	Costa, R.	LN PRESBYTERIAN
12595	F	02:00PM-03:50	Costa, R.	MONTANOSO
YOGA FITNESS				
12965	M	08:30AM-10:20	McCullough, L.	SJC CC/GYM
12505	MW	09:00AM-09:50	Ward, M.	LHCCSC
12955	T	08:30AM-10:20	Fong, F.	SJC CC/GYM
12660	TTh	09:00AM-09:50	Ward, M.	SCL SNR
13325	TTh	10:00AM-10:50	McCullough, L.	LWV1 GYM
13350	T	11:00AM-12:50	Fong, F.	LHCCSC
12840	T	01:00PM-02:50	Fong, F.	FS SEN CTR
80150	TTh	02:00PM-02:50	Ward, M.	MONTANOSO
12555	F	08:15AM-10:05	McCullough, L.	SJC CC/GYM
13220	F	12:30PM-02:20	Fong, F.	NOR COM
13255	F	01:00PM-02:50	Ward, M.	PALMIA
12825	F	01:45PM-03:35	Nelson, J.	AV LIBRARY
12890	F	04:00PM-05:50	Ward, M.	SCL SNR
13235	M	07:00PM-08:50	Licavoli, L.	LWV1 MPR
12750	W	05:30PM-07:20	Licavoli, L.	CASTA

EMERITUS HEALTH SCIENCE

HSC 105X CONSUMER HEALTH ISSUES (EI) 0 Units

Promotes awareness and informed decision making in regard to health issues, including health insurance, frauds, legislation, selection of doctors, pharmacists and health care agencies.

13130	W	01:30PM-03:20	Henry, R.	PALMIA
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The above class meets at Palmia Recreation Center, Mission Viejo.

EMERITUS HISTORY

HIST 205X WESTERN CIVILIZATION SINCE 1648 (EI) 0 Units

Surveys Western Civilization from the 17th Century to the present with emphasis on industrialization, nationalism, imperialism and selected problems of the 21st century.

12725	M	10:00AM-11:50	Kline, R.	LWV5 MPR1
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The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1.

12765	M	01:00PM-02:50	Vargish, T.	LAGUNA BEACH UMC
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The above class meets at Laguna Beach United Methodist Church, Laguna Beach. Emphasis on History of the Cold War.

12330	T	10:00AM-11:50	Vargish, T.	LWV5 MPR1
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The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods. Emphasis is on History of the Cold War.

80290	W	02:00PM-03:50	Popa, A.	BELMONT VILLAGE
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The above class meets at Belmont Village, Aliso Viejo.

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
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HIST 275X CONTEMPORARY MIDDLE EAST (EI) 0 Units

Major political, economic, and social institutions and movements of the Middle East from World War I to the present. Designed for the older adult interested in our current involvement and future direction in the Middle East.

12735	F	10:00AM-11:50	Gounev, G.	ST GEORGE'S
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The above class meets at St. George's Episcopal Church, Laguna Hills.

EMERITUS HUMANITIES

HUM 204X MODERN WORLD CULTURE FROM 1700-PRESENT (EI) 0 Units

Studies characteristically modern ideas/feelings about a variety of important human experiences represented in literature, arts, and philosophy. Designed for the older adult interested in the development of new attitudes about the human community.

12925	W	01:00PM-02:50	Binder, G.	LCUMC
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The above class meets at Laguna Country United Methodist Church, Sanctuary, Laguna Woods.

EMERITUS MUSIC

MUS 19X INTRODUCTION TO OPERA (EI) 0 Units

Educate and introduce the older adult to composers who have shaped Western opera.

12385	W	12:30PM-03:20	Kim, J.	NOR COM
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The above class meets at Norman P. Murray Community and Senior Center, Mission Viejo.

12495	Th	12:00PM-02:50	Kim, J.	LCUMC
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The above class meets at Laguna Country United Methodist Church, Sanctuary, Laguna Woods.

MUS 20X FOR THE LOVE OF MUSIC (EI) 0 Units

Introduction to music history focusing on musical periods and composers that have shaped Western musical developments. Designed for the older adult.

13245	W	09:00AM-11:50	Kim, J.	NOR COM
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The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.

MUS 80X VOICE AND RHYTHMS (EI) 0 Units

Emphasizes vocal techniques including tone production, breath control, and pronunciation as well as music literature. Performance at end of the semester. For student learners.

13085	T	02:00PM-03:50	Huntington, J.	LWV3 REHEA
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The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.

12805	SAT	10:00AM-11:50	Custance, H.	OTBA
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The above class will meet at an off-campus location to be announced. Course includes the use of creative musical instruments.

MUS 34X MEN'S AND WOMEN'S CHORAL – BARBERSHOP (EI) 0 Units

Choral ensemble of male and female voices specializing in rehearsal and performance of barbershop harmony for student learners.

13160	W	03:30PM-05:20	Custance, H.	LWV3 REHEA
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The above class meets at Laguna Woods Village Performing Arts Center (Clubhouse 3), Rehearsal Room, Laguna Woods.

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EMERITUS MUSIC

MUS 290X CHORAL ENSEMBLE (EI) 0 Units

Choral singing emphasizing choral literature. Development of ensemble through correct singing, and correct vocal production. Materials fee of \$10.00 payable at registration.

12985 T 10:00AM-11:50 Huntington, J. LDS/LOS ALISOS
Saddleback College Emeritus Institute Chorale: The above class meets at Church of Jesus Christ of Latter-day Saints, Los Alisos Meetinghouse. Mission Viejo. Voice placement will be made during first two classes.

13195 T 06:00PM-07:50 Farthing, S. FA 101
The above class meets at Saddleback College, Fine Arts Building, Room 101. There is a \$21 health fee for classes on campus, and a parking pass is required to park at the college.

12820 T 08:00PM-09:50 Farthing, S. FA 101
The above class meets at Saddleback College, Fine Arts Building, Room 101. There is a \$21 health fee for classes on campus, and a parking pass is required to park at the college.

MUS 295X REHEARSAL AND PERFORMANCE INSTRUMENTAL (EI) 0 Units

Rec Prep: Previous instrumental training and demonstrated proficiency. Preparation, study, and performance of orchestra concert repertoire. Designed for the older adult interested in orchestral performance.

12835 Th 10:00AM-11:50 Staff LWV3 REHA
The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods. This class emphasizes Country Western Music.

12545 F 08:00AM-09:50 Kouritas, G. FA 105
The above class meets at Saddleback College, Fine Arts Building, Room 105. There is a \$21 health fee for classes on campus, and a parking pass is required to park at the college.

12570 F 10:15AM-12:05 Kouritas, G. FA 105
The above class meets at Saddleback College, Fine Arts Building, Room 105. There is a \$21 health fee for classes on campus, and a parking pass is required to park at the college.

EMERITUS PHILOSOPHY

PHIL 230X INTRODUCTION TO PHILOSOPHY (EI) 0 Units

An introduction to some of the enduring issues in human philosophy, helps older adult students cultivate the skills of critical thinking and rational discourse.

12815 M 09:00AM-10:50 Binder, G. LWV3 DR1
The above class meets at Laguna Woods Village, Clubhouse 3, Dining Room 1, Laguna Woods.

PHIL 231X HISTORY OF FREETHOUGHT IN WESTERN WORLD (EI) 0 Units

Freethought belief systems and their impact on culture. Conflicts between church and state, science and religion, and advances in philosophical thought will be discussed by the older adult participants.

13210 T 10:00AM-11:50 Staff ST GEORGE'S
The above class meets at St. George's Episcopal Church, Hammon Hall, Laguna Woods.

EMERITUS PHOTOGRAPHY

PHOT 40X BEGINNING DIGITAL SHOW PRESENTATIONS (EI) 0 Units

Production of visual and audio presentations and techniques for enhancing discussion and demonstration of digital slide shows.

12345 W 12:30PM-03:20 Mahotka Patterson, K. LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods. Students should have basic computer skills.

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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PHOT 41X DIGITAL SHOW PRESENTATIONS - INTERMEDIATE (EI) 0 Units

Rec Prep: PHOT 40X. Covers the intermediate production of digital, visual and audio presentations, including digital photography, downloading music, scriptwriting, narration, and transitions using computer software.

12440 T 09:00AM-11:50 Mahotka Patterson, K. LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods.

PHOT 50XA BEGINNING DIGITAL PHOTOGRAPHY (EI) 0 Units

Learn about the technical aspects of using a digital camera and the importance of composition in creating an image. Use still life set ups, models and go on field trips. Learn to download, store, organize and edit images using software programs and burn images to discs and email them.

12510 T 12:30PM-03:20 Hoffman, L. COLLEGE/CAREER
The above class meets at The College and Career Campus, Room 5, located at 31522 El Camino Real, San Juan Capistrano. Students should have basic computer skills.

PHOT 50XB INTERMEDIATE DIGITAL PHOTOGRAPHY (EI) 0 Units

Rec Prep: PHOT 50XA. Digital photographic image manipulation and enhancement through established and innovative techniques. Working in digital media using intermediate skill techniques to develop finished image portfolios.

12530 W 09:00AM-11:50 Mahotka Patterson, K. LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods. Students should have basic to intermediate computer skills.

12860 W 02:30PM-05:20 Hoffman, L. COLLEGE/CAREER
The above class meets at The College and Career Campus, Room 5, located at 31522 El Camino Real, San Juan Capistrano.

12800 Th 12:30PM-03:35 Hoffman, L. LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods.

PHOT 59XB ADVANCED COLOR PRINTING (EI) 0 Units

Rec Prep: PHOT 59XA. Advanced and innovative techniques in color printing. Related topics of photography and printing.

12755 Th 09:00AM-12:05 Hass, K. LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods.

EMERITUS POLITICAL SCIENCE

PS 214X CURRENT ISSUES IN GOVERNMENT (EI) 0 Units

Exploration of current issues and events on global, national, and local levels. Problem areas include crime, economics, social services loads, environment, terrorism and conflicts and their impact on the lives of older adults.

12375 M 01:30PM-03:20 Reinhardt, W. CRESTAVILLA
The above class meets at Crestavilla, Laguna Niguel.

12380 T 01:00PM-02:50 Sinclair, W. FS SEN CTR
The above class meets at Florence Sylvester Memorial and Senior Center, Laguna Hills.

12475 T 01:00PM-02:50 Kline, R. SCL SNR
The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.

13225 W 09:00AM-10:50 Reinhardt, W. LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.

80175 W 10:00AM-11:50 Gounev, G. LN PRESBYTERIAN
The above class meets at Laguna Niguel Presbyterian Church, Laguna Niguel.

13045 W 01:00PM-02:50 Sinclair, W. FS SEN CTR
The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills. Emphasis on global strategic issues.

12420 Th 10:00AM-11:50 Gounev, G. ST GEORGE'S
The above class meets at St. George's Episcopal Church, Laguna Hills.

12770 Th 01:00PM-02:50 Reinhardt, W. FS SEN CTR
The above class meets at Florence Sylvester Memorial Senior Center, Laguna Hills. Emphasis on United States domestic issues.

Emeritus Institute – Fall 2019 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR		ROOM
EMERITUS SPANISH					
SPAN 230X BEGINNING PRACTICAL SPANISH (EI)					0 Units
Basic fundamentals of Spanish for the older adult. Emphasis will be placed on development of conversational skills.					
13115	M	09:00AM-10:50	Duran DeMehranfard, M.		ST GEORGE'S
The above class meets at St. George's Episcopal Church, Laguna Woods.					
13240	T	09:00AM-10:50	Enciso, M.		GENEVA
The above class meets at Geneva Presbyterian Church, McClennan Lounge, Laguna Woods.					
13155	T	02:00PM-03:50	Harrison, M.		BELMONT VILLAGE
The above class meets at Belmont Village, Aliso Viejo.					
12795	W	12:30PM-02:20	Harrison, M.		COLLEGE/CAREER
The above class meets at The College and Career Campus, Room 9, located at 31522 El Camino Real, San Juan Capistrano.					
12465	Th	12:30PM-02:20	Harrison, M.		COLLEGE/CAREER
The above class meets at The College and Career Campus, Room 9, located at 31522 El Camino Real, San Juan Capistrano.					
SPAN 231X INTERMEDIATE PRACTICAL SPANISH (EI)					0 Units
Rec Prep: SPAN 230X. Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded.					
13400	M	12:30PM-02:20	Harrison, M.		COLLEGE/CAREER
The above class meets at The College and Career Campus, Room 9, located at 31522 El Camino Real, San Juan Capistrano.					
12640	T	09:00AM-10:50	Duran DeMehranfard, M.		LHCCSC
The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.					
13365	W	09:30AM-11:20	Duran DeMehranfard, M.		NOR COM
The above class meets at Norman P. Murray Community & Senior Center, Mission Viejo.					
80190	Th	10:00AM-11:50	Enciso, M.		LHCCSC
The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.					
12990	F	09:00AM-10:50	Duran DeMehranfard, M.		LWV5 MPR1
The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room, Laguna Woods.					

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
SPAN 232X ADVANCED PRACTICAL SPANISH (EI)				0 Units
Rec Prep: SPAN 231X. Designed to develop fluency in Spanish. Emphasizes information expression and conversation in Spanish.				
13270	Th	09:00AM-10:50	Duran DeMehranfard, M.	LN PRESBYTERIAN
The above class meets at Laguna Niguel Presbyterian Church, Laguna Niguel.				
12710	F	12:30PM-02:20	Harrison, M.	COLLEGE/CAREER
The above class meets at the San Juan Capistrano College and Career Campus, Room 9, San Juan Capistrano.				

EMERITUS SPECIAL SERVICES					
SPS 145X	BEGINNING LIPREADING AND HEARING CONSERVATION (EI)				0 Units
Enables students to develop and practice lipreading skills necessary for social functioning. Presents information designed to help the student better understand their own hearing loss.					
13200	W	10:00AM-12:50	Flaherty, P.	FS SEN CTR	
The above class meets at Florence Sylvester Memorial Senior Center, Conference Room, Laguna Hills.					

EMERITUS THEATRE ARTS				
TA 2X	BEGINNING SCENE STUDY (EI)			0 Units
Concentrates on review of the works of major playwrights, scene development and study, characterization, and ensemble performance while developing the essential skills of method acting.				
13035	M	10:00AM-11:50	Kind, R.	LCUMC
The above class meets at Laguna Country United Methodist Church, Ficklin Hall, Laguna Woods.				
13340	Th	04:00PM-05:50	Huntington, J.	LWV3 REHEA
The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.				
Emphasizes acting techniques in a workshop format.				

2018-2019 Emeritus Institute Associate Faculty of the Year, Fleur Fong:

“Fleur Fong is an extraordinary and knowledgeable teacher. She takes time to interact with the students and always brings something new to the class. Her unique approach to teach the class makes it enjoyable and entertaining. At the same time, she makes sure we achieve our target to improve our physical and overall well-being.”

“What an inspirational leader she is! Motivated students to achieve their goals and helped me get back to exercising with a smile and wanting more!! Thank you, Fleur!!!”

“Exemplary teaching skills and dedication to providing a healthy learning experience for seniors. Exceeded the class description in professionalism and modeling examples of proper exercise technique.”

“Fleur has excellent knowledge of kinesiology and the challenges of our aging bodies and gives tools to make our lives and bodies healthier, stronger, safer and happier. I've taken classes with her for 10 years and she has been consistently the best teacher in your program.”



WHAT IS A CLASS SCHEDULE "TIME CONFLICT"?



- Students cannot enroll in any class that conflicts in time with another class they are already enrolled in.
- Students may enroll in as many classes as they like each semester, but there can be no day/time overlap between any classes.
- When a time conflict occurs, the student must decide if they want to keep the class they are already enrolled or drop the class they're enrolled in and enroll in the previously conflicting class.
- A class can be dropped online via MySite on the Saddleback College website (www.saddleback.edu). If the student doesn't have a computer, they may complete a Drop Card at one of the Emeritus Offices.
- When late-adding a class after the semester begins, be sure to review your course schedule closely to make sure there are no time conflicts between classes.

HOW TO FORWARD YOUR SADDLEBACK COLLEGE E-MAIL TO YOUR PERSONAL E-MAIL ADDRESS

Log onto the Saddleback College Web site at www.saddleback.edu

- Click "MySite"
- Enter your Student ID Number and PIN, then click "Login"
- Click "My Information"
- Click "Change Address" from the drop-down menu
- Under "Personal," in the box labeled "Forward Emails To," type your personal email address.

NOTE: If your correct email address is already in the box, delete it, click "Update" at the bottom, enter your correct email in the box, then...

- Click "Update" twice
- **IMPORTANT!** COMPLETE THE PROCEDURE: You will receive an e-mail requiring that you click on the Confirmation Link to complete this procedure. Open this email and click on the link.

HOW TO LATE-ADD AN EMERITUS CLASS

- 1) Go to the class when it meets to ask the instructor if you can be added.
If the class meets in Laguna Woods Village, and you're a non-resident, call the Emeritus Office so we can arrange for one-time gate clearance at least 24 hours in advance. (949-582-4835)
 - If you are a New Student or a Returning Student (who has missed a spring or fall semester) bring a fully-completed Emeritus Application* with you.
 - If the class has a material fee (see course description in class schedule), bring a check or a money order. (Cash and credit cards cannot be accepted.)
- 2) If the instructor can add you, complete the APC add slip the instructor gives you by PRINTING your name at the bottom and your student ID number (if you're current or returning).
- 3) The completed APC (and application, if applicable) need to be handed back to the instructor to submit for you (with your Materials Fee check, if applicable).
 - If the class has a materials fee, your check (made to Saddleback College) needs to be attached to the APC, as well. Write your Student ID number on the check, if you have one.
- 4) The instructor will submit your paperwork to the Admissions Office, who will process it so you'll be officially enrolled in the class.

HOW TO PURCHASE A LAGUNA WOODS VILLAGE PARKING PASS

- Students who are enrolled in a class that meets in Laguna Woods Village and are not residents are required to purchase a LWV semester parking pass in order to enter the community and park their car.
- Laguna Woods charges \$30 for a Fall and Spring Semester Parking Pass, and \$15 for Summer Session Parking Pass
- If you PRE-REGISTER for a LWV class before the semester begins:
 - Your name will be submitted to Laguna Woods Village. Check the Emeritus Institute Class Schedule for the days, times and location that you can purchase your pass from Laguna Woods Village.
- If you LATE-ADD A LWV class after the semester begins:
 - Tell your instructor that you'll be purchasing a LWV Parking Pass so your APC add slip gets submitted to the Admissions Office quickly.
 - After your class enrollment shows in our system, an Emeritus Staff Member can email a form to Laguna Woods Village enabling you to go to the LWV Community Center* to purchase a Parking Pass.
 - If your class meets at LWV Clubhouse 4, you can speak with the Emeritus Staff Member at the Clubhouse 4 Emeritus Office regarding a Parking Pass.
- If you need temporary gate clearance anytime through this process, please contact an Emeritus Staff Member at least 24 hours in advance for assistance.
- If you will NOT be parking a car during the semester, and instead will be walking in, or using a taxi/Lyft/Uber, please contact an Emeritus Staff Member for further information.

* Laguna Woods Village Center, 24351 El Toro Road, Laguna Woods, CA 92653 in Town Centre, next to the Ayres Hotel.

SADDLEBACK COLLEGE EMERITUS INSTITUTE APPLICATION

TO SUBMIT: scan/email to scadmissions@saddleback.edu or Mail to: Saddleback College Admissions and Records 28000 Marguerite Parkway, Mission Viejo, CA 92692. Please type or print clearly and complete all information with BLACK INK ONLY.

Student ID# _____ Date _____ Staff Initials _____

1. Enrollment Status. Enter number in box.

1 = First time in college (after leaving high school).
2 = First time at Saddleback or Irvine Valley; have attended another college.
3 = Returning student to Saddleback or Irvine Valley after absent for a term.
5 = Enrolling in high school (or lower grades) and college at the same time.

2. This application is for (term / year):
☐ FALL ☐ SPRING ☐ SUMMER 20____
UNDECIDED

3. Major field of study _____
UNDECIDED

4. Educational goal: ☐ Personal Development

5. Legal Name
Last / Family Name First Name Middle Name

5a. Other names you have used. If none, check box: ☐

6. * Social Security # _____
Last / Family Name First Name Middle Name

7. Date of Birth: _____
Month _____ Date _____ Year _____

8. Preferred Email _____
Registration information will be emailed to you if your email address is provided.

9. Telephone # _____

10. Gender: Male ☐ Female ☐ Decline to state ☐

11. Ethnicity.* Are you Hispanic or Latino? Yes ☐ No ☐

11a. What is your race / ethnicity? Circle one or more
2 = American Indian/Alaskan Native 13 = Filipino
3 = Asian: Cambodian 14 = Hispanic: Other
4 = Asian: Chinese 15 = Mexican, Mexican American,
5 = Asian: Indian Chicano
6 = Asian: Japanese 16 = Pacific Islander: Guamanian
7 = Asian: Korean 17 = Pacific Islander: Hawaiian
8 = Asian: Laotian 18 = Pacific Islander: Other
9 = Asian: Other 19 = Pacific Islander: Samoan
10 = Asian: Vietnamese 20 = South American
11 = Black or African American 21 = White
12 = Central American

12. Legal Address / Residence (Do not use P.O. box or business address.)
Number _____ Street _____ Apt. No. _____
City _____ State _____ ZIP Code _____
Country _____ I have lived at this address since: _____
Month _____ Date _____ Year _____

13. Mailing Address (if different from legal address)
Number _____ Street _____ Apt. No. _____
City _____ State / Country _____ ZIP / Postal Code _____

14. Highest Educational Status. Enter appropriate number (1-9) and year in boxes below:
1 = Earned a U.S. High School diploma.
2 = Special student currently enrolled in grade 12 or below.
☐ I am currently a senior in high school and will graduate on _____.
☐ I am currently enrolled in grades K-11.
3 = Not a high school graduate; currently enrolled in adult school.
4 = Not a high school graduate; last attended high school.
5 = Passed the GED or received a certificate of H.S. equivalency.
6 = Earned California High School Proficiency Certificate.
7 = Earned a Foreign Secondary diploma or certificate of graduation.
8 = Earned an Associate's degree. _____ MONTH _____ YEAR
9 = Received a Bachelor's or higher degree. _____

15. Citizenship Status. Check appropriate box:
1 ☐ U.S. Citizen
2 ☐ Permanent Resident: Alien #: _____ Issue Date: _____
3 ☐ Temporary Resident: Issue Date: _____ Expiration Date: _____
4 ☐ Refugee: Issue Date: _____
☐ Asylee: Issue Date: _____
5 ☐ Student Visa: Issue Date: _____ Expiration Date: _____
(FI or MI Visa)
6 ☐ Other (Specify): _____

16. I have served in the U.S. Military (Veteran): Yes ☐ No ☐
Date of Discharge: ____/____/____

17. IMPORTANT My present stay in California began:
Month _____ Date _____ Year _____
Have you been a resident of California for the last two years? ☐ Yes ☐ No
List any additional cities / states you have resided in during the past two years (not including your current legal address): _____
City _____ State _____ Dates: From _____ To _____
City _____ State _____ Dates: From _____ To _____

18. Within the last two years, have you ever —
• registered to vote in a state other than California?
☐ Yes ☐ No If yes, what year? _____
• filed a legal action in a state other than California?
☐ Yes ☐ No If yes, what year? _____
• attended a non-California college/university as a resident of that state?
☐ Yes ☐ No If yes, what year? _____
• filed as a non-resident for California State Income Tax purposes?
☐ Yes ☐ No If yes, what year? _____

NON-DISCRIMINATION POLICY: All programs and activities of the South Orange County Community College District shall be operated in a manner which is free of discrimination on the basis of race, color, national origin, ancestry, religion, creed, gender, marital status, sexual orientation, age, handicap or veteran's status.
* NOTICE TO STUDENTS: Refusal to provide this information will not be used to deny admission to the college or any of its programs.
If additional information is needed to determine your residency status, you will be required to complete a supplemental residency questionnaire and/or to present evidence in accordance with Education Code Sections 68040 et seq. The burden of proof to clearly demonstrate both physical presence in California and intent to establish California residency lies with the student.

19. Certification: I declare under penalty of perjury under the laws of the state of California that all information on this form is correct. I understand that falsification or withholding of information required on this form shall constitute grounds for dismissal.
Signature _____ Date _____

SOUTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT • #20-2018

Scan & Email form to scadmissions@saddleback.edu
or mail to: Saddleback College Admissions and Records, 28000 Marguerite Pkwy, Mission Viejo, CA 92692

CUT ON LINE

EMERITUS INSTITUTE DONATION FORM

- ☐ YES! Count me in as a supporter!
Check payable to: SADDLEBACK COLLEGE FOUNDATION (write Emeritus in the memo line)
- ☐ \$1,000 and above Emeritus's Circle
☐ \$500 to \$999
☐ \$250 to \$499
☐ \$100 to \$249

☐ Please send me information about how I can provide for Saddleback College Emeritus Institute in my will or estate plan, including potential tax benefits and recognition by the Saddleback College Foundation.

Please mail your donation to:
Saddleback College Foundation
28000 Marguerite Pkwy.
Mission Viejo, CA 92692

PLEASE PRINT:
Name _____
Address _____
City/State/Zip _____
Phone Number _____
Email _____
☐ This donation should be listed as Anonymous.



EMERITUS INSTITUTE

Tuition-Free, Lifelong Learning Courses for Older Adults



ACADEMICALLY RIGOROUS



MENTALLY STIMULATING



SOCIALLY ENGAGING



HEALTH IMPROVING

Founded in 1976, the Saddleback College Emeritus Institute was established to create lifelong learning opportunities, primarily for the older adult. A dynamic and wide array of course offerings, expert instructors truly experienced in their field, and a variety of classes located in the community have made the Emeritus Institute extremely popular, and one of the fastest growing programs at Saddleback College in Mission Viejo throughout the years. As the generations of burgeoning baby boomers become senior citizens, the Emeritus Institute continues to change and offer classes that stimulate intellectual, physical, and creative expression for South Orange County residents.

There are over 200 class sections offered through the Saddleback College Emeritus Institute that provide lifelong learning experiences in more than 30 different disciplines. These high-quality academic classes are state-approved and available on a non-credit basis. Classes cover a wide range of interests, from accounting, art, crafts, biology, clothing and textiles, English writing and literature, gerontology, health, history, music, photography, Spanish, lipreading, and theatre. Classes are held in more than 30 sites from San Clemente to Lake Forest, including senior centers, churches, libraries, and community centers.

An integral part of Saddleback College and its educational vision, the Emeritus Institute is a leader in providing challenging and rewarding courses designed for the older adult to accommodate the lifelong learning needs of our community members.

We invite you to be a part of the excitement of lifelong learning. Join the growing number of active adults taking part in the Saddleback College Emeritus Institute.

APPLY TODAY:
Fall Classes begin August 19, 2019

Apply online by visiting our website at saddleback.edu/emmeritus

The mission of the Saddleback College Emeritus Institute is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving courses for older adults throughout South Orange County.

949.582.4835
saddleback.edu/emmeritus

SOUTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT
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